

Wednesday, July 26 - Erev Tisha B'Av

8:25PM Fast begins

8:45PM Maariv, Eichah and Kinnot

Tisha B'Av

July 26-27

Thursday, July 27 - Tisha B'Av

7:30AM Shacharit (no Tallit/Tefillin are worn) & Kinnot

10:00-11:00AM Reading & Study of Eichah and Children's Program

*Children's programming split into BAM age and younger kids

1:14PM Chatzot - Halakhic Mid-day

4:30PM Beltway Vaad program *at Ohev Shalom* entitled, "Good Grief."
(There will be concurrent children's programming.)

8:00PM Mincha (with Tallit/Tefillin) & Maariv

9:02PM Fast Ends

Saturday, July 29 @ 9:30PM

Motzei Shabbat Nachamu Kumzitz *at the Topolosky home*

The Beltway VAAD
Orthodox Leadership for the 21st Century

TISHA B'AV 5783/2023

"Good Grief"

Embracing and Holding our Loss

Thursday, July 27th,
2023, 4:30-6:00 PM

Program takes place at
Ohev Shalom
Congregation



Rabbi Uri Topolosky



Rabbi David Wolkfenfeld



Rabbi Nissan Antine



Maharat Ruth Friedman



Rabbi Eitan Cooper



Dita Cooper